

SKYSCRAPER

STAIR CHALLENGE

This challenge will help you get out of the elevator and onto the stairs! **During a four-week period, keep track of the flights of stairs that you climb**, increasing that amount each week. Mark off your progress on the buildings below. Each window equals one flight of stairs. One flight of stairs equals 12 steps. Once you have filled in all of the windows, you have reached your goal for the week!

