

## A GRATEFUL HEART

One place I cherish is...

I cherish this place because...



## A GRATEFUL HEART

One thing I love about myself...

I love this part of myself because...



## A GRATEFUL HEART

My favorite foods are...

I will cherish this moment because...



## A GRATEFUL HEART

An aspect of nature that brings me joy is...

I love this part of nature because...



## A GRATEFUL HEART

A wonderful thing that happened today was...

This made me happy because...



## A GRATEFUL HEART

Something I take for granted is...

I can express my gratitude for this blessing by...



## A GRATEFUL HEART

My favorite season of the year is...

I love this season because...



## A GRATEFUL HEART

One accomplishment I'm proud of is...

I'm proud of this accomplishment because...



## A GRATEFUL HEART

A person I'm grateful for is...

I'm grateful for them because...



## A GRATEFUL HEART

Something I've learned this year is...

This lesson has benefitted me because...



## A GRATEFUL HEART

A small thing I can look forward to is...

I'm excited for this because...



## A GRATEFUL HEART

My favorite place to go on vacation is...

I love this place because...



## A GRATEFUL HEART

I love the taste of...

This taste reminds me of...



## A GRATEFUL HEART

I love the smell of...

This smell reminds me of...



## A GRATEFUL HEART

A hobby that brings me joy is...

I love this hobby because...



## A GRATEFUL HEART

The last time I helped someone was...

This made me feel...



## A GRATEFUL HEART

The last time someone helped me was...

This made me feel...



## A GRATEFUL HEART

My favorite childhood memory is...

This is my favorite memory because...



## A GRATEFUL HEART

One song that brings me joy is...

This song brings me joy because...



## A GRATEFUL HEART

Something I love about my routine is...

I love this part of my routine because...



## A GRATEFUL HEART

One book that brings me joy is...

This book brings me joy because...



## A GRATEFUL HEART

One movie that brings me joy is...

This movie brings me joy because...



## A GRATEFUL HEART

My favorite time of day is...

I love this time because...



## A GRATEFUL HEART

A person who has made a difference in my life is...

I am grateful for this person because...



## A GRATEFUL HEART

One tradition I'm grateful for is...

I'm grateful for this tradition because...



## A GRATEFUL HEART

My favorite holiday is...

I love this holiday because...



## A GRATEFUL HEART

One of my good friends is...

They are my good friend because...



## A GRATEFUL HEART

One thing I love about my family is...

I love this because...



## A GRATEFUL HEART

One thing I love about my life is...

I love this because.....



## A GRATEFUL HEART

My favorite thing about where I live is...

I love this because...



## A GRATEFUL HEART

Something funny today was...

This made me laugh because...



## A GRATEFUL HEART

One hardship that has taught me something is...

From this experience I learned...



## A GRATEFUL HEART

One freedom I've taken for granted is...

I appreciate this freedom because...



## A GRATEFUL HEART

The hardest thing I've had to do is...

This experience taught me...



## A GRATEFUL HEART

One moment I will cherish forever is...

I will cherish this moment because...



## A GRATEFUL HEART

One change I'm excited for is...

I'm excited for this change because...



## A GRATEFUL HEART

One thing I love about being my age is...

I love this because...



## A GRATEFUL HEART

I'm really good at...

I'm grateful for this ability because...



## A GRATEFUL HEART

One thing I did that made me happy today was...

This made me happy because...



## A GRATEFUL HEART

The best gift I've received is...

I'm grateful for this gift because...



## A GRATEFUL HEART

One everyday object I'm grateful for is...

I'm grateful for this object because...



## A GRATEFUL HEART

A simple pleasure I'm grateful for is...

I'm grateful for this because...



## A GRATEFUL HEART

One thing I love to do with my family is...

I love this because...



## A GRATEFUL HEART

One thing I love to do with my friends is...

I love this because...



## A GRATEFUL HEART

One thing I'm grateful for in my community is...

I'm grateful for this because...



## A GRATEFUL HEART

One thing I'm grateful about my country is...

I'm grateful for this because...



## A GRATEFUL HEART

One thing I'm grateful for in this time period is...

I'm grateful for this because...



## A GRATEFUL HEART

One thing I'm grateful for about my body is...

I'm grateful for this because...



## A GRATEFUL HEART

One person that is good at listening in my life is...

I'm grateful for this because...



## A GRATEFUL HEART

One thing I learned this week is...

I'm grateful that I learned this because...



## A GRATEFUL HEART

An opportunity that I am grateful for is...

I'm grateful for this opportunity because...



## A GRATEFUL HEART

One blessing in disguise I experienced recently was...

I'm grateful for this experience because...



## A GRATEFUL HEART

One good choice I've made lately is...

I'm grateful for this choice because...



## A GRATEFUL HEART

One improvement that I've made in the last year is...

This improvement has helped me because...



## A GRATEFUL HEART

Something that inspired me recently was...

I was inspired by this because...



## A GRATEFUL HEART

I felt loved when...

I'm grateful for this experience because...

